

**ABSTRACT OF THE DISCLOSURE****METHOD AND SYSTEM FOR PROVIDING CAREER GUIDANCE INFORMATION**

A method and system for providing career guidance  
5 information provides a tool for both individuals and guidance  
agencies to present career information in an interactive manner  
to a computer user. A first user interface is provided having a  
collection of drop-down lists for selecting a particular career  
within a job category associated with each list. Upon selection  
10 of a particular career within a list, an information screen with  
a job description is loaded and a menu is provided for selection  
of further information options including day-in-the-life videos,  
job statistics, pay information and conversational helpers. The  
content may be loaded from the Internet, local files or both,  
15 and the menu is adapted to provide seamless integration of the  
Internet and local storage content.